

St. Thomas Child and Family Center Blue Room Daily Schedule

7:30 Room opens-table toys, puzzles, computer and art center

8:00-8:30 Breakfast

8:30-8:45 Clean up and carpets down for welcome and jobs

9:00-9:20 gym or outside play depending on the weather

9:25-9:45 choice of centers

9:45-10:00 Calendar and music or finger plays

10:00-10:45 daily activities (cooking, science, art, centers)

10:45-11:15 outside play

11:15-11:30 weather chart, story, Academics (counting, alphabet, etc)

11:30-12:00 Lunch, journals

12:00-12:45 outside play, puzzles, library weather permitting

12:45-1:00 bathroom and prepare for rest time

1:00-2:30 Nap

2:30-3:00 table toys, puzzles, reading, learning centers

3:00-3:30 Snack

3:30-4:00 all centers open- free choice

4:00-4:30 indoor gym or outside play

4:30-4:45 Story time

4:45-5:15 table toy, puzzles, computer or art

5:15-6:00 combine in the Green room

6:00 St. Thomas Child and Family Center closes